

Rochester Regional Breastfeeding Coalition  
Meeting Agenda  
December 18, 2014

***Our mission: To improve the health of the Greater Rochester Region by promoting breastfeeding as the optimal feeding choice for infants through education, advocacy, collaboration, and increasing access to support.***

Mantra (to be recited by all): *Our coalition exists to promote breastfeeding in our community, not to promote our individual contributions to breastfeeding. My contributions to this community are valuable. I will work to remain positive and open. I will seek to balance when I speak and when I listen. I recognize there is no "You should" but only "I will" in our coalition.*

- I. Opening (Maureen Freedman & Casey Rosen-Carole)
  - A. Introduction of Meeting Method
  - B. Mission & Mantra
  - C. Explanation & Passing of Breast Chest
  - D. Introductions of people
  
- II. Updates
  - A. Updates on Coalition Business
  - B. Upcoming Lactation-Related Events
  
- III. Break-Out Groups (30 minutes)
  - A. Communication
  - B. Postnatal Support
  - C. Other Break-Outs
  
- IV. Break-Out Reports (5 min. from each group)
  
- V. Breast Chest Results
  
- VI. Wrap-Up of Suggested Meeting Style
  
- VII. Review of Meeting Style
  - A. Two-minute review/suggestions (pass the boob)
  - B. Vote on Meeting Style
    - 1) A 'yes' vote = 9 months of gestating this meeting style.
    - 2) A 'no' vote = "No, I'm gonna do better. I commit to meeting with other members who vote 'no' to create a new meeting style for the January coalition meeting."
  
- VIII. Closing