

Rochester Regional Breastfeeding Coalition  
Meeting Agenda  
January 22, 2015

***Our mission: To improve the health of the Greater Rochester Region by promoting breastfeeding as the optimal feeding choice for infants through education, advocacy, collaboration, and increasing access to support.***

Mantra (to be recited by all): *Our coalition exists to promote breastfeeding in our community, not to promote our individual contributions to breastfeeding. My contributions to this community are valuable. I will work to remain positive and open. I will seek to balance when I speak and when I listen. I recognize there is no "You should" but only "I will" in our coalition.*

- I. Opening (Maureen Freedman & Nancy Stephany) (15 minutes)
    - A. Welcome
    - B. Mission & Mantra
    - C. Passing of Breast Chest

Question this month: What is the greatest volume (in ounces) of pumped milk you have had in your refrigerator or freezer at one time?
    - D. Reminder of After-Meeting List
    - E. Introductions
  
  - II. Previous Minutes & Updates (10 minutes)
    - A. Previous Minutes
    - B. Updates on Coalition Business (including previous month's break-out groups)
    - C. Upcoming Lactation-Related Events

NYS Coalition Conference: Friday, March 20<sup>th</sup>, 2015  
<http://www.nysbreastfeeding.org>
  
  - III. Break-Out Groups (Not "You should" but "I will") (30 minutes)
    - A. Website
    - B. Postnatal Support
    - C. Other Break-Outs
  
  - IV. Break-Out Reports (5 minutes from each group)
  
  - V. Breast Chest Results (2 minutes)
  
  - VI. Closing (3 minutes)
- ... & After-Meeting Groups